



New Insight Correlating Genetics with Health and Wellness

Doctors can now use a patient's genetics to medically guide the patients for a more fulfilling life that is better equipped to avoid disease. Patients can expect increased energy, reduced excess body weight, and an improvement in body and mind.

LOS ANGELES, October 1, 2015. Genetic Health and Wellness is taking integrative medicine to a new frontier by using a patient's entire genetic profile to provide a personalized health plan that optimizes and enhances each patient's long-term health and lifestyle.

Genetic Health & Wellness uses comprehensive screening of genes and its correlation with nutritional needs, metabolic analysis, and genetic risk analysis against a variety of health conditions. It provides a personalized approach to medicine and promotes overall health and wellness.

Dr. Melamed, founder and director of Genetic Health and Wellness recommends the program for patients 30 to 70 years of age. "Adults should start the program as early as possible. We can use your genetics to guide you on everything from eating the right foods and taking supplements, all the way to the best exercises and how to avoid specific diseases." By integrating genetic science into clinical medicine we are providing patients with answers to the most common questions. "Am I at risk of heart disease?", "Should I do anything extra to protect myself?" and "Is my body working right?"

Now a comprehensive medical and nutritional examination also includes a comprehensive genetic analysis. The American Journal of Human Genetics has provided a direct correlation between genetic mapping and disease identification. Early identification of risks also effect long-term health and wellness. The genetic road-map can be used as a preventative tool to reduce a patient's risks for developing various diseases that are prevalent in their family.

Genetic Health and Wellness empowers patients to take control of their health and wellness. For many patients taking control of their health isn't always easy. Dr. Melamed believes in educating and giving patients the tools to optimize their mental and physical state in order to achieve a healthier lifestyle. This makes it easier for patients to maintain a regimen that is easy to integrate into their daily routine.

Each customized genetic analysis is a road-map for an individual's health and wellness. By integrating the proper program, patients can expect a more fulfilling life that is better equipped to prevent and avoid disease, reduce excess weight gain, increase energy and to improve their body and mind.

For more information please visit www.GeneticHealthAndWellness.com or call (310) 473-1734 to arrange your first consultation towards a better life.



About Genetic Health and Wellness

Genetic Health and Wellness was founded by Dr. David P. Melamed with the mission to provide a path to healthy living based on your individual needs. While many physicians are focused on treating medical ailments, our focus is to avoid disease while maximizing the quality of life. Dr. Melamed merges this philosophy with the most comprehensive medical care and advanced diagnostic testing, as well as one-on-one consulting to direct each person's life (lifestyle).

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Unlocking The Genetic Roadmap to Wellness

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